

AMENDMENTS TO THE SPECIFICATION

Please amend the Title as follows:

A1
Optical Cable For Holding Optical Fiber Ribbons Having A Plurality Of One-Groove Spacers

Please amend the paragraph at page 5, line 21 through page 6, line 2 as follows:

A2
Further, it is advantageous that the groove is an SZ-shaped groove being spirally formed so as to reverse their direction at predetermined pitch length. In such a an optical cable, it is preferable that a twisting pitch length of the optical fiber ribbons is equal to or shorter than a pitch length of the grooved spacer, the pitch length of the grooved spacer ~~begin~~ being twice as large as the predetermined pitch length, and the pitch length of the grooved spacer is not integer times as large as the twisting pitch length of the optical fiber ribbons.